



Smart Bitches Outlandish Arm Warmers

Designed by Elyse D.

So the bad news is you have to wait until April 4th for a new episode of Outlander. The good news is, you don't have to wait any longer for another Smart Bitches Outlandish knitting pattern!

This time we're doing arm warmers inspired by the awesome ones Claire and Mrs. Fitz wear.



This pattern is knit flat and is exceptionally easy because if I'm about one thing, it's being easy... Wait, no. Just in knitting, I swear.

Stuff you will need:

Approximately 200 yards of sport weight yarn.

I used [Wool of the Andes by Knit Picks](#) (ahhh, Knit Picks, where my paycheck goes to die) because there's a great selection of colors. My sample is knit is Forest Heather.

If you want to go a more luxurious route [you may want to try some Shibui Pebble](#).

Size 6 needles—or needle necessary to get the correct gauge. If you haven't bought yourself some really beautiful needles, do it now. Your hands will thank you. I highly recommend [Lantern Moon ebony](#) or [rosewood needles](#). Pretend it's necessary for this pattern, thereby justifying the expense.

A tapestry needle for seaming.

A tape measure.

Gauge: 12 x 12 stitches = a 2" square

Steps:

1. Take a look at this picture of Jamie. It's not important to the knitting, but it's good for the soul.



2. Okay, take the tape measure and measure from where your thumb meets your hand (so the base of your thumb) to approximately two inches above your elbow. For me this is about 9". Write this number down somewhere.

3. Cast on 46 stitches (note: I have tiny Tyrannosaurus Rex arms and used 38 stitches for my arm warmer. If you have a wider arm you may want to cast on 52 stitches—but always use an even number of stitches).
4. Work in K1, P1 ribbing for 4 rows.
5. Work in stockinette stitch (Knit all RS rows, Purl all WS rows) until you get to that magic number you wrote down.
6. Knit one more inch in stockinette
7. Now we're going to do an eyelet row. That sounds scary! Don't worry. It's not. Make sure you're on a knit row. Now: Knit the first stitch. *K2tog, YO rep from * until the last stitch. Knit that last little bastard.
8. Purl the next row as per usual.
9. Work in stockinette for one more inch.
10. Bind off.

Following the instructions above, make a second arm warmer. Unless you're like YOLO and you only want the one arm to be warm, that's okay too.

Once both arm warmers are complete, block them so the edges are nice and flat for seaming.

Now, when you're seaming you have the choice of making a thumb hole or not. I know, I know. I can't make these decisions for you. Claire's arm warmers do not have a thumb hole near as I can tell.

If you're not leaving a thumb hole, then just seam up the side and call 'er done (I recommend mattress stitch). If you are, seam up to that magic number we wrote down before. Then seam from the top down leaving a 2" hole for your thumb.

Look at that. You have some bitchin' arm warmers!

Happy knitting!